





Info Pack

Contact-making event for people who are relatively new in the Erasmus+ programme and want to discover Youth Exchanges

"Youth Exchanges for Newcomers"

15th-22nd of August 2016. Pärnu Estonia





About project

As the project title is telling, this is NOT a project for people who already have a lot of experience in Erasmus+, but it is a project for people who **would like to get involved** more actively as group leaders, designers and coordinators of youth exchanges, but so far did not have the right moment for it. So, now is the time for YOU!!!!

We came up with this project idea, because we remembered how it was when we started getting involved in international events...from our experience we can tell with absolute honestly that in the beginning we had no idea how it all works, but we just knew that we liked it so much, that we wanted to experience it again and again...

It is surely not easy at all to do Erasmus+ projects. Although they are meant for young people, the structure and criteria are so complicated, that it often takes many years to understand it and be able to develop good quality projects that the NAs would grant.

With this contact-making event we want to make it easier for young youth leaders that are just getting active in youth work (or want to become active) to discover "the magic" of developing and implementing international youth exchanges within Erasmus+ programme.

We want to provide them with all necessary **knowledge**, **tips and skills on how to develop and implement youth exchanges**, so, that as a result of this project they could **come "home" with concrete project ideas** that could be submitted and implemented.

Main idea: to involve newcomers in the "world of youth exchanges"!!!

What will be happening at the project?!

- Nice activities to get to know each other closer so that participants have a chance to know better with whom they feel closer and more comfortable to make youth exchanges together
- "Seeing the bigger picture" on how non-formal learning works and why it is so crucial for young peoples' personal and social development (what competences it develops in young people and how does it make them more active in society...)





- Discovering better the complexities of E+ youth exchanges: from theory to practice (how to "write" a good project so that it gets approved, but how to make also sure that you implement it well many real life examples)
- Explaining the role division in youth exchanges and encouraging participants to take responsibility of being project coordinators and group leaders (it is not THAT complicated as it sounds in the beginning...)
- Space and time to work on concrete youth exchange ideas that could be applied for the nearest deadlines to E+ programme and implemented (recommendations from experts and peers)

Participants

For this project we would like to gather **25 participants:**

- active young people, youth workers, youth leaders, educators
- without that much knowledge in Erasmus+ youth exchanges
- motivated to discover how youth exchanges work
- ready develop concrete youth exchange ideas and to take the responsibility of group leaders/coordinators
- with good knowledge of English (ready to participate actively and work in international team and formulating project ideas)

Partners

Participants should be from following countries and partner organizations.

If you are sure that you can not provide as many participants as indicated in the list as possible (or can provide more paxs), please inform us as soon as possible, so that we can coordinate the changes with our NA.

Org.	Country	Nr. of paxs
Rääma Noorte Ühing Noorus - applicant	Estonia	3
Association for Initiatives and Cooperation "Yard"	Latvia	2
System and G	Greece	2
Centrum pro pomoc detem a mladezi	Czech Republic	2
ASOCIATIA DE TINERI DIN ARDEAL	Romania	2
Stowarzyszenie Dorosli-Dzieciom	Poland	2
Association Braslavie	France	2
Asociación Intercultural Europea - Go Europe	Spain	2
Ad Arte	Italy	2
Annila Ry	Finland	2
AC Amics de la Biblioteca de la Fonteta	Spain	2
Trikala se drasi – TrikalAct	Greece	2





About hosting organization: Nooruse Maja

Nooruse Maja is a non-profital organization based in Pärnu, summer capital of Estonia, 130km from Tallinn and 190km from Riga, on the Baltic shore. Nooruse Maja is a cultural house that provides many opportunities for the local community but also with many people we have contact with over the world.

As you will see if you decide to get to know us, we are more than just a cultural house, we are also a gateway to Europe, a people's university, a place to talk about your project, to share and meet with new people. You are welcome in our place whatever your age can be, whatever language you speak, whatever you want to learn or to teach. To make it short here you can learn, enjoy and share with different kind of people.

In the last 10 years we could collect a lot of experiences with youth work, trainings and the Erasmus+ initiative. We have created a lot of projects by ourselves but also joined projects from cooperation partners. Last year we arranged successfully the "step forward – training for trainers" program at Nooruse Maja.

About the trainers

leva Grundsteine (Latvia) has been actively involved in nonformal education field since 2001. She has tried out different roles at different times — being a participant, support staff, project coordinator, president of her own youth NGO and now she is mostly a free-lance trainer and consultant/expert. She has carried out more than 85 training. https://www.salto-youth.net/tools/toy/ieva-grundsteine.1858/

Antonio Benaches (Spain) is youth worker since 1997 and active trainer in international youth projects since 2003;



started in youth work in the Scout movement and then participated in local and regional Youth Councils. At the moment, he is working for different local municipalities and for different NA's in TCA programmes... and he is passionate about games. https://www.salto-youth.net/tools/toy/antonio-benaches-bodi.2424/

Location

The training course will take place in our organisation house - Nooruse Maja (400 m from hostel) www.noorusemaja.ee







The training course will be implemented in the framework of EU "ERASMUS+" Program. The accommodation and food will be covered fully.

All participants will be hosted in Aleksandri Questhouse in double or triple rooms with breakfast. http://aleksandripub.ee/eng/guesthouse/





Travel

Every participant or partner organisation should buy tickets and according to real tiket price we will reimburish travel costs but not more then you can see on table below. **Travel expenses will be reimbursed at flat rates depending on travel distance.**





Flow No.	Country of Origin	Country of Destination	Distance Band	No. of Participants (including accompanying persons)	Travel Grant per Partic ipant	
1	Estonia	Estonia 0-99 km		5	0.00	
2	Latvia	Estonia	100 - 499 km	3	180.00	
3	Greece	Estonia	2000 - 2999 km	2	360.00	
4	Czech Republic	Estonia	500 - 1999 km	2	275.00	
5	Romania	Estonia	500 - 1999 km	2	275.00	
6	Poland	Estonia	500 - 1999 km	3	275.00	
7	France	Estonia	2000 - 2999 km	2	360.00	
8	Spain	Estonia	2000 - 2999 km	2	360.00	
9	Italy	Estonia	2000 - 2999 km	2	360.00	
10	Finland	Estonia	100 - 499 km	2	180.00	
11	Spain	Estonia	2000 - 2999 km	2	360.00	
12	Greece	Estonia	2000 - 2999 km	2	360.00	

Flight tickets you can buy to Tallinn or to Riga airport. We will pick you up from both airports on 15st of August 2016. Departure day will be 22nd of August 2016. And as usually we need all your travel documents (invoices, tickets, boarding passes, etc.).

Application and further information

We kindly ask to distribute this information and ask the participants to **apply latest by 22th of May,** by sending an email to Uudo Laane – <u>info@noorusemaja.ee</u> and Facebook: https://www.facebook.com/Nooruse-Maja-119385448077999/?fref=ts

As soon as we get the list of participants, we will keep you updated with all the new information we have regarding the project. We will create a Facebook group to enable our communication more smooth and invite you to join it.

For sure there will be some things you will have to prepare (in the national groups and individually) before coming to the training course and bring with you, nevertheless, we will provide this information few weeks before coming to the training course.

Should you have any more questions, please do not hesitate to ask! We are very much looking forward this project with you!

Uudo Laane – info@noorusemaja.ee +372 5143726, FB

Time / day	15/08/2016	16/08/2016	17/08/2016	18/08/2016	19/08/2016	20/08/2016	21/08/2016	22/08/2016	
08:00 - 09:00	Arrivals	Breakfast							
09:00 -11:00		Official Opening & Introduction Getting to know each other	Philosophy of youth exchange projects – "eagle" and "frog" view (European dimension and young people's dimension)	Creative presentations of organizations and young people represented by participants (based on consultations with young people @home)	Partnership as basis for the youth exchange project	Project development III: Programe and activities (emphasis on intercultural learning and active participation of paxs)	Project development VI: Plan and calendar of the work. Application, questions, answers, Share the task in the group		
11:00 - 11:30			Coffee break						
11:30 - 13:00		13:00	Expectations, contribution, approach, methodology, programme Intro to Youthpass and Learning Diary	Crucial elements of YE (quality criteria) and YE life-cycle	Micro-project practice in groupst - discovering local realities regariding youth - SEEING the needs of local community and youth	Project development I: Needs and interests of young people and community	Project development IV: Learning process, outcomes, impact and results (&risks)	3rd check in - presentation of results in developing projects, feedback from the participants and action plan	Farewell and departure of
13:00 - 15.00		Lunch					participants		
15:00 – 16:30		Team building activities + Learning contract	Non-formal learning dimension in YE and Youthpasses	Excursion/free-time in Parnu	Project development II: ideas about the themes of the project, aim and objectives	Project development V: Different tools to evaluate the projects and do DEOR	Summing up the learning outcomes of project and Youthpass		
16.30 – 17.00		Coffee break							
17:00 – 18:30	Getting to know each other	Working as a Team, Difficulties and Challenges	Real life and kitchen stories: sharing realities on implementing YE	Free time in Parnu	1st check in - presentation of results in developing projects, feedback from the participants (peer-to peer consultations)	2nd check in - presentation of results in developing projects, feedback from the participants (peer-to peer consultations)	Follow-up and evaluation Closing		
18.30 – 19.00		Reflection & "Family" Time							
19:00 – 19:45	Welcome dinner	Dinner							
After 20:00	Treatment diffici	Initiative Evening	Intercultural Evening	Estonian evening	Free evening	Free evening	Farewell evening		